



# Potty Training Readiness

## Readiness Checklist for Parents

- We can stick with this until the end of being potty trained is met.
- We aren't having any major life changes (moving, new baby, vacations) in the coming weeks.
- We will be patient with my child; accidents do happen
- We can give praise and celebrate my child's accomplishments

## Readiness Checklist for Toddlers

- My child stays dry for at least two hours
- My child shows interest in using the potty
- My child lets me know with me when they are wet or soiled
- My child can pull down their pants

## Potty Training Tips

- Let your child to pick out their own underwear at the store
- Still use pull-ups or diapers at night, when starting
- Making a stickers potty chart can keep the child engaged with the process