



Chat Developmental Milestones

Social and Emotional Development

Select the Option that Best Applies

		Never	Sometimes	Always
Ages 6 months – 18 months				
1	Looks at you, moves or makes sounds to get or keep, caregivers' attention	☐	☐	☐
2	Knows familiar faces and begins to know if someone is a stranger Smiles when caregiver walks up Is shy or fearful around strangers	☐	☐	☐
3	Likes to look at self in a mirror Gets excited when a mirror is in front of them	☐	☐	☐
4	Laughs	☐	☐	☐
5	Looks when caregivers call their name	☐	☐	☐
6	Reacts when caregivers leave Reaches for you or cries	☐	☐	☐
7	Cries when mom or dad leaves Gets sad when caregivers leave the house or room	☐	☐	☐
8	Smiles or laughs when you play "peek-a-boo"	☐	☐	☐
9	Plays games with you, like pat-a-cake	☐	☐	☐
10	Shows several facial expressions, like happy, sad, angry, surprised	☐	☐	☐
11	Copies other children when playing Like taking a toy out of a container when another child does	☐	☐	☐
12	Claps when excited	☐	☐	☐
13	Shows you an object they like Holds an object up when they are playing	☐	☐	☐
14	Hugs stuffed dolls or other toys	☐	☐	☐
15	Shows you affection Such as giving hugs, cuddles or kisses	☐	☐	☐



Social and Emotional Development, cont.

Select the Option that Best Applies

	Never	Sometimes	Always
Ages 18 months – 3 years, cont.			
16 Points to show you something interesting Points to a toy they like to play with	☐	☐	☐
17 Puts hands out for you to wash them Has an understanding of washing hands, but has caregivers wash them	☐	☐	☐
18 Looks at a few pages in a book with you Enjoys looking at a book	☐	☐	☐
19 Helps you dress them Pushing an arm through sleeves or lifting foot when getting dressed	☐	☐	☐
20 Moves away from you, but looks to make sure you are close by	☐	☐	☐
21 Notices when others are hurt or upset. Child will pause or look sad when others are crying	☐	☐	☐
22 Looks at your face to see how to react in a new situation.	☐	☐	☐
23 Shows you what they can do by saying “look at me!” when they do something new	☐	☐	☐
24 Follows simple routines when told Helps pick up toys when told “it’s clean up time”	☐	☐	☐
Plays mainly beside other children, but is beginning to include other children			
25 Offers a block to a peer building a tower next to child. Plays chase briefly outside with two peers, and then goes to play alone in sandbox.	☐	☐	☐
Ages 3 years – 4.5 years			
26 Can calm down within 10 minutes after caregiver leaves them Such as after at daycare or preschool drop off.	☐	☐	☐
27 Shows affection for friends without prompting Will run up to friends and give them hug when they are crying	☐	☐	☐
28 Notices other children and joins them to play Sees children playing in the sandbox and joins	☐	☐	☐
Enjoys being a “helper”			
29 Happily carries a loaf of bread from the car to the house after a grocery store visit	☐	☐	☐
30 Pretends to be something else during play like a teacher or a cat	☐	☐	☐



Social and Emotional Development, cont.

Select the Option that Best Applies

		Never	Sometimes	Always
Ages 4.5 years – 6 years				
31	Avoids danger Does not jump off tall items like a playground	☐	☐	☐
32	Would rather play with others than by themselves Finds a group of children to play with at the park instead of being by themselves	☐	☐	☐
33	Changes behavior based on where they are. May act differently when at home verses when at preschool	☐	☐	☐
34	Follows rules or takes turn when playing games with other children.	☐	☐	☐
35	Does simple chores at home Clears the table after eating, puts cup in the sink when done	☐	☐	☐
36	Likes to sing and dance Enjoys singing songs in the car or at home Enjoys dancing around the living room when watching a sing along movie	☐	☐	☐
37	Can tell what is real and what is make believe When given a stuffed animal dog, they can say that it is fake	☐	☐	☐
38	Shows more independence Able to get their own snacks	☐	☐	☐



Language and Communication Development

Select the Option that Best Applies

	Never	Sometimes	Always
Ages 6 months – 18 months			
39 Responds to sounds by making sounds Starts babbling when they hear other sounds	☐	☐	☐
40 Blows “raspberries” Sticks tongue out and blows	☐	☐	☐
41 Makes different sounds like “amamama” and “bababa”	☐	☐	☐
42 Understands “no” Will stop what they're doing when they hear no	☐	☐	☐
43 Makes squealing noises	☐	☐	☐
44 Says simple words Says “mama” and “dada” Exclamations like “uh-oh!”	☐	☐	☐
45 Uses simple gestures Shakes head “no” Waves “bye-bye”	☐	☐	☐
46 Looks at a familiar object when you name it	☐	☐	☐
47 Follows directions with both a gesture and words Hold out hand and say “give me toy”	☐	☐	☐
48 Points to ask for something or to get help Child points to object that they want	☐	☐	☐
Ages 18 months – 3 years			
49 Tries to say three or more words besides “mama” or “dada”	☐	☐	☐
50 Says at least two words together like “more milk”	☐	☐	☐
51 Points to things or pictures when they are named “Where’s the airplane,” child points to the airplane in the sky	☐	☐	☐
52 Knows names of familiar people and body parts Name people in their family Point to pictures of friends and say their names	☐	☐	☐
53 Uses more gestures other than waving and pointing. They can blow kisses or nodded for yes	☐	☐	☐
54 Follow simple instructions Hold up two fingers when asked, “Show me two” or “How old are you?” Gets jacket after an adult communicates, “Get your jacket. It's time to go outside.”	☐	☐	☐



Language and Communication Development, cont.

Select the Option that Best Applies

	Never	Sometimes	Always
Ages 18 months – 3 years, cont.			
55 Says about 50 words	☐	☐	☐
56 Says words like “I” “me” or “we” When talking will say “I want water”	☐	☐	☐
Ages 3 – 4.5 years old			
57 Talks in conversations using at least two back and forth exchanges Child asks for more bubbles in their bath, after caregiver responds, child adds a comment or asks a question about the bubbles.	☐	☐	☐
58 Asks “who” “what” “where” or “why” questions May ask “where is mommy?”	☐	☐	☐
59 Says what action is happening in a picture or book when asked When asked “what is the dog doing?” child might say “it is running.”	☐	☐	☐
60 Says first name When asked, can say their name	☐	☐	☐
61 Says sentences with four or more words	☐	☐	☐
62 Can talk about at least one thing that happened during the day. “I played on the swings today”	☐	☐	☐
63 Can answer simple questions “What is a coat for?” “What do you do with a crayon?”	☐	☐	☐
Ages 4.5 – 6 old			
64 Keeps a conversation going with more than three back-and-forth exchanges May include questions, comments and exclamations	☐	☐	☐
65 Say some words from a song or says a nursery rhyme Will sing the itsy-bitsy spider without help	☐	☐	☐
66 Tells stories Tells a detailed story, even if it is make-believe	☐	☐	☐
67 Answer simple questions about a book or story after you read or tell it to them	☐	☐	☐
68 Uses or recognizes simple rhymes Bat-cat or ball-tall	☐	☐	☐
69 Tells a simple story using full sentences Talks about their weekend in full sentences	☐	☐	☐
70 Talks about a book that was read to them in full sentences	☐	☐	☐



Cognitive Development

Select the Option that Best Applies

	Never	Sometimes	Always
Ages 6 months – 18 months			
71 Closes lips to show they don't want more food	☐	☐	☐
72 Brings things to mouth Explores items with their mouth	☐	☐	☐
73 Looks for objects when dropped out of sight Spoon falls on the ground they look for it	☐	☐	☐
74 Finds hidden things easily When asked to find favorite item, will go find it	☐	☐	☐
Bangs two things together 75 Enjoys hitting items together Gets excited when banging items together to hear the noise	☐	☐	☐
76 Explores things in different ways Likes to shake, bang and throw item to see what will happen	☐	☐	☐
77 Tries to use things the right way Pretend phone, a cup or book	☐	☐	☐
78 Stacks at least two small objects	☐	☐	☐
Ages 18 months – 3 years old			
Points to get the attention of others 79 Points at a plate of crackers then at caregivers to communicate "more" Points to an airplane in the sky and looks at their caregivers	☐	☐	☐
80 Copies caregivers doing chores Will get a broom and sweep when caregiver does	☐	☐	☐
81 Points to one body part When asked to point to their nose, they can do so	☐	☐	☐
82 Tries to use switches, knobs or buttons on a toy	☐	☐	☐
Knows what ordinary things are for like phone, brush or spoon 83 Holds a phone up to their ear Uses a brush to brush their hair	☐	☐	☐
Finds things even when they are hidden under something 84 Looks for toy bear when caregiver asks, "Where's your bear?" Finds a hidden toy, even under two or three blankets	☐	☐	☐
Shows they know at least one colors 85 Identify a color when they are named; for example, get a red ball from the bin of multicolored balls when their mother asks for the red one.	☐	☐	☐
Play simple make-believe games 86 Imitate simple actions that they have observed adults doing; for example, take a toy phone out of a purse and say hello as a parent does. Pretend to drink from an empty cup by making slurping noises and saying "ah" when finished	☐	☐	☐



Cognitive Development, cont.

Select the Option that Best Applies

	Never	Sometimes	Always
Ages 18 months – 3 years old, cont.			
87 Shows simple problem-solving skills Will stand on a foot stool or gets a chair to stand on to reach something up high			
88 Follows two-step instructions Follows request to "push your chair in and wash your hands."	☐	☐	☐
Ages 3 – 4.5-year-old			
89 Draws circles when they are shown how	☐	☐	☐
90 Avoids touching hot objects Will stay away from the stove when you warn them	☐	☐	☐
91 Can tell what is coming next in a known story	☐	☐	☐
92 Can draw a person with three or more body parts Can draw a body and arms on a stick figure drawing	☐	☐	☐
Ages 4.5 – 6 years old			
93 Counts to 10 Can count to 10 when asked	☐	☐	☐
94 Able to name some number between 1-5 when you point to them	☐	☐	☐
95 Name some letters in their own name	☐	☐	☐
96 Uses words about time such as: Yesterday Tomorrow Morning Night	☐	☐	☐
97 Pays attention for 5 to 10 minutes during activities Is able to make arts and crafts without leaving the table			
98 Plays board or card games Understands the rules of common games			
99 Counts 10 or more items When asked to count how many slices of fruit they have, they do it correctly			
100 Can print some letter that are in their name Able to write their own name			

