



Potty Training Readiness

Readiness Checklist for Parents

- ☐ We can stick with this until the end of being potty trained is met.
- ☐ We aren't having any major life changes (moving, new baby, vacations) in the coming weeks.
- ☐ We will be patient with my child; accidents do happen
- ☐ We can give praise and celebrate my child's accomplishments

Readiness Checklist for Toddlers

- ☐ My child stays dry for at least two hours
- ☐ My child shows interest in using the potty
- ☐ My child lets me know with me when they are wet or soiled
- ☐ My child can pull down their pants

Potty Training Tips

- ☐ Let your child to pick out their own underwear at the store
- ☐ Still use pull-ups or diapers at night, when starting
- ☐ Making a stickers potty chart can keep the child engaged with the process