



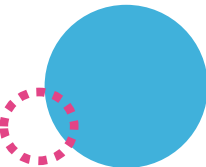
Welcome to


Chat



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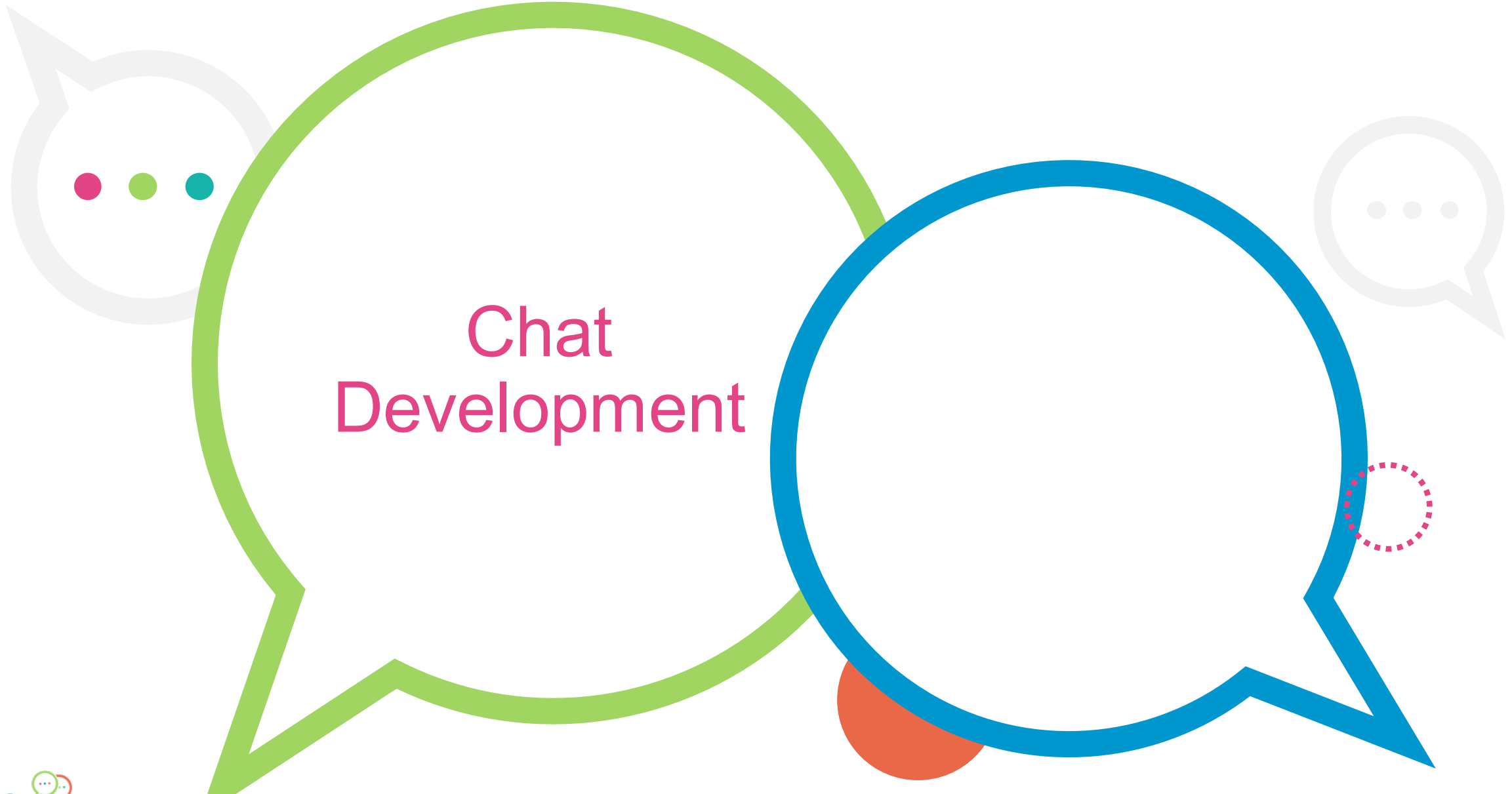
What is Chat?

Chat is a naturalistic developmental parent mediated program for children under the age of 6 who have delays in language, self-help and social skills. Chat utilizes empirically based strategies to remediate delays in young children with developmental disabilities. Chat is implemented by licensed practitioners using parent mediated coaching approach.

- Family Centered
- Empirically Based
- Routines Based
- Language Focused
- Naturalistic



APPROPRIATE
FOR CHILDREN
WITH ASD OR
OTHER
DEVELOPMENTAL
DISABILITIES



Chat Development

How Was Chat Developed?

A multidisciplinary team extensively researched:

- How children with ASD, intellectual disabilities and developmental disabilities **learn and grow**.
- How to **improve language** in young children with language delays.
- How to promote **social-emotional** development.
- How children **learn as they play**.
- Teaching children in their **natural environment** during their daily routines.
- The effectiveness of interventions provided by **parents and other caregivers**.



How Chat Aligns With The National Standards Project Guidelines - (NSP)

NSP Established Interventions

- 1. Naturalistic Teaching Strategies
- 2. Parent Training
- 3. Modeling
- 4. Language Training
- 5. Behavioral Interventions

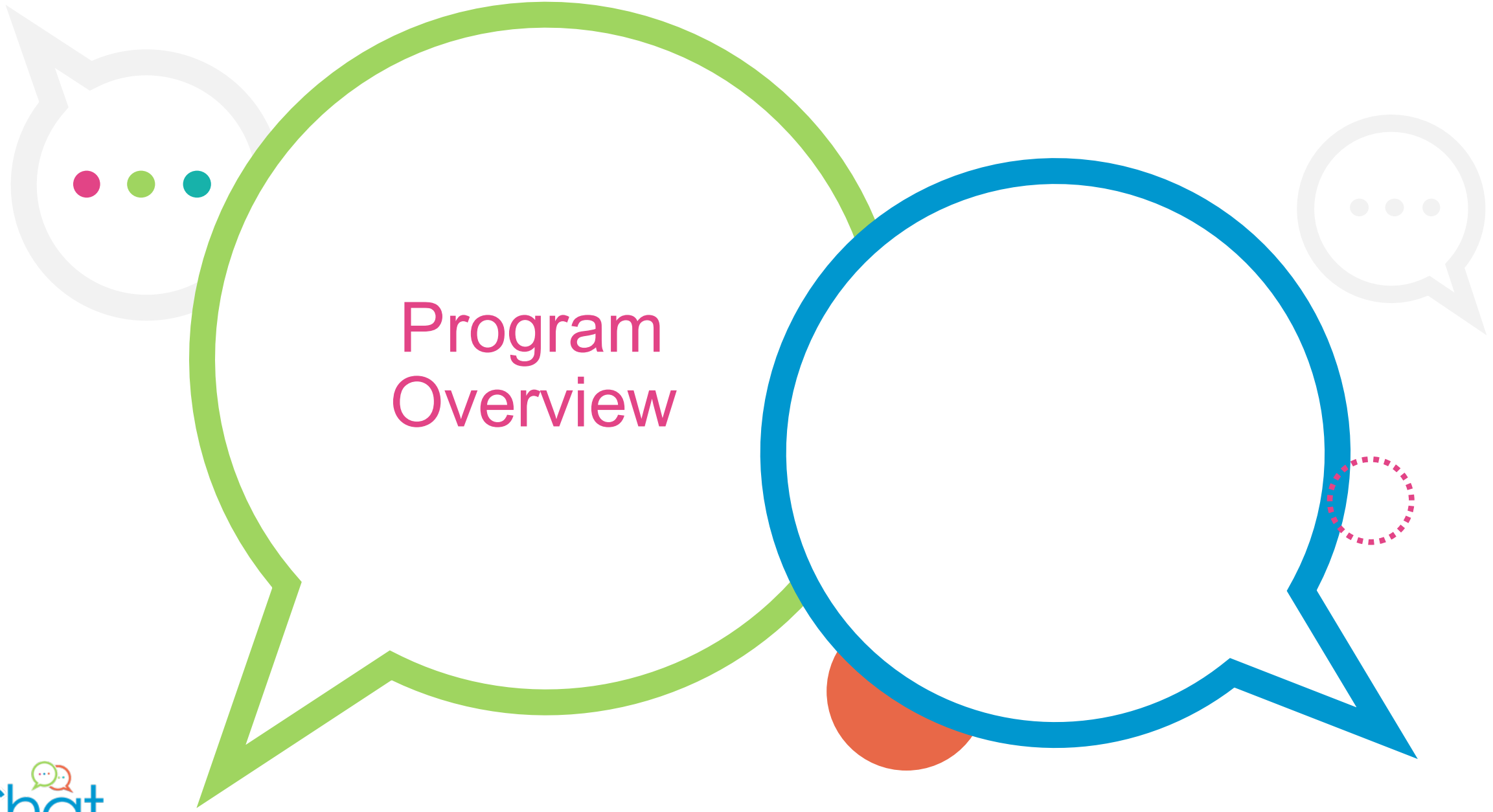
NSP Emerging Interventions

- 1. Developmental Relationship Based Treatment
- 2. Imitation based training

NSP 10 Areas of Focus

NSP	Chat
Academic	Not a focus
Communication	Yes
Higher cognitive functioning	Not a focus
Interpersonal	Yes
Learning readiness	Yes
Motor skills	Not a focus
Personal responsibility	Not a focus
Placement	Not a focus
Play	Yes
Self regulation	Yes

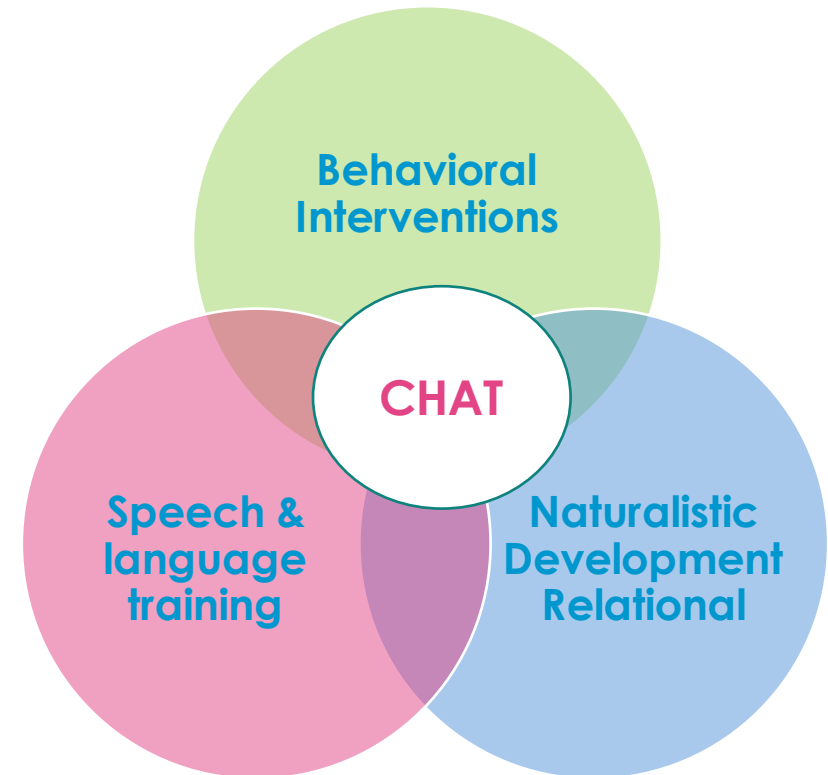




Program Overview

Chat Methodologies & Interventions

- Includes behavioral-based interventions with a strong focus on language and social-emotional development.
- Incorporates some behavioral language training and speech language interventions into a naturalistic developmental model with an emphasis on play development.
- Methodologies & Interventions:
 - Social training
 - Imitation training
 - Reactive behavioral strategies
 - Proactive behavioral strategies
 - Child oriented language stimulation strategies
 - Video modeling and coaching
 - Parent mediated



The Eight Components of Chat

Developmental milestones

Naturalistic- routine based

Imitation

Joint attention

Social attention

Requesting

Behavioral strategies

Play



The Full Chat Program:

The modules are flexible based on family priorities and need

- **Let's Chat:** An Introduction to the Chat Program
- **Child Development:** How young children develop
- **I do what you do:** Learning through imitation
- **Making Chat Work for Your Family:** A naturalistic approach
- **Chatting is More Than Talking:** Social communication
- **Senses:** My child's sensory profile
- **Problem behaviors:** Why does my child do that?
- **Proactive parenting:** Setting my child up for success
- **Behaviors are hard:** Responsive strategies for behaviors
- **Let's Play!**





Chat in Practice

What Does Chat Look Like?

- One or two tier model
 - high level only
 - high and mid level
- High Level Clinician:
 - LMFT, SLP, Psychologist, LCSW, LPCC or OT
- Mid Level Clinician:
 - Follow Qualified Autism professional guidelines

HOURS:

Average Authorized Hours
12 Mid & 4 High per month
(direct and indirect time)

New Codes for high/mid-level practitioners will be added to your contract at the same ABA high/mid-level rates

LOCATION:
Home or Telehealth
(occasional clinic)



Chat Assessment

- Milestones Checklist and Behavior Assessment are completed by the family before the live assessment
- The Chat Clinician will observe the natural interactions
- The caregiver and Chat Clinician will also have a focused conversation
- Areas covered include the child's play and sensory profile, family routines, problem behaviors, and family goals and priorities





Chat Sessions

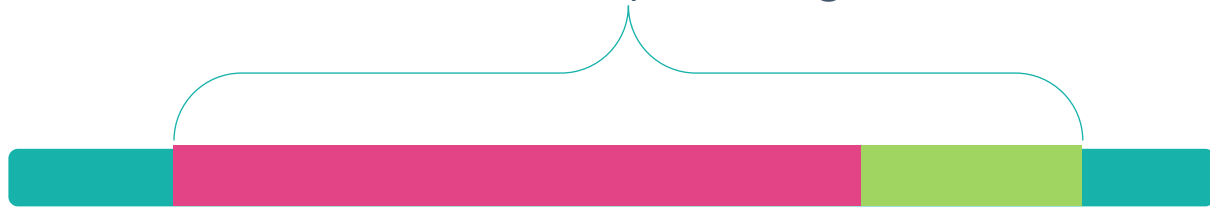
- One to two sessions per week
- The family's priorities are our priority
- Review Chat modules
- Live coaching
- Monthly video feedback
- Handouts and worksheets
- Post-visit summary and weekly treatment plans





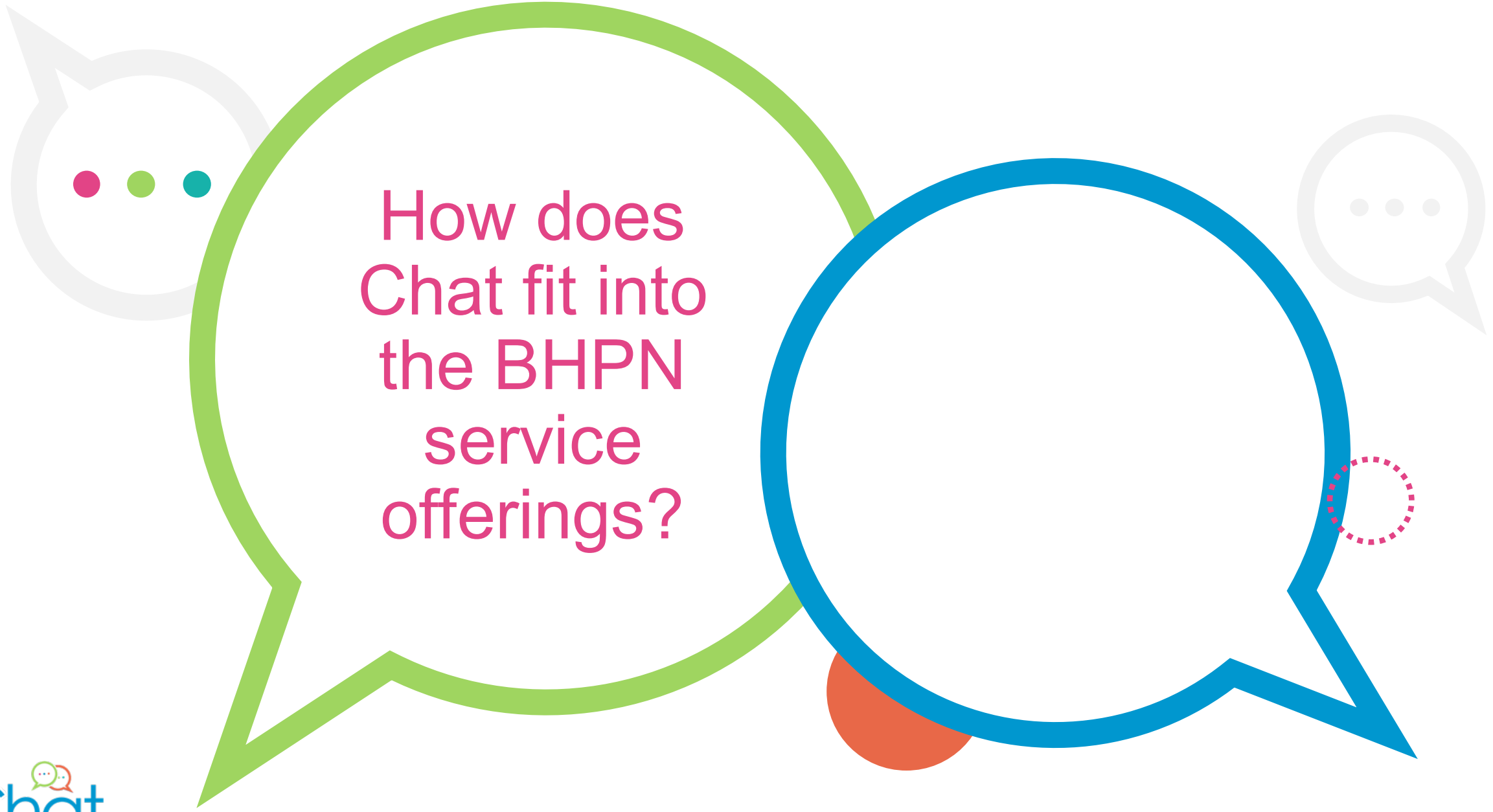
How long is Chat?

On average, 12-18 months. May be shorter, may be longer



Sessions occur 1-2 times per week





How does
Chat fit into
the BHPN
service
offerings?

Chat vs. Other Services

	Chat	Parent-led ABA	3-Tier ABA
Hours	~12 Per month (1-2 visits per week)	~12 per month (1-3 visits per week)	8-20 per week
Clinicians	High Only or Mid + High	High Only or Mid + High	Low, Mid, High
Mediation	Parent mediated	Parent mediated	Paraprofessional mediated
Treatment Methodologies	Routines based, family centered, naturalistic	Behavioral, activity-based and routine-based, naturalistic and contrived	Behavioral, activity-based, naturalistic and contrived
Domains	Communication, Socialization, Behavior reduction, Daily Living Skills, parent-child relationship	Communication, Socialization, Daily Living Skills, Behavior reduction, parent-child relationship	Communication, Socialization, Daily Living Skills, Behavior reduction
Child outcome focus	Yes	Yes	Yes
Parent outcome focus	Yes	Yes	No
Support materials	Chat modules, worksheets, handouts, and videos	Parent-Led ABA Curriculum, worksheets, homework, videos, data collection	None
Session “look & feel”	Parents, child and clinician meet 1-2 times per week. Session typically guided by parents’ current concerns and priorities regarding milestones/development and behaviors. Sessions include live feedback and/or focused conversations. Discussion includes how Chat components can be incorporated naturalistically. Monthly video feedback with parents/clinician.	Parents meet with clinicians 1-3 times per week to learn ABA skills and discuss how to implement strategies and goals with their child during their daily routines. Clinicians model skills for parents and observe parents implement skills with their child. Clinicians provide feedback to parents helping them to implement strategies effectively. Parents and clinicians collect data to monitor progress.	BT leads session, parents participate in running goals. Goals are targeted throughout, may look like more formal trial-by-trial or more naturalistic. Instructor led skill acquisition goals, BT collects data to monitor progress and behavior intervention plan implemented.

When is Chat an appropriate referral?

- The child has an ASD diagnosis or diagnosis other than ASD
- Parents/Caregivers want a more naturalistic and/or play-based treatment approach
- Concerns are around language, engaging with others, milestones, overall development
- Parents/Caregivers are motivated to be the “do-er!”

The background features a large green speech bubble on the left containing the title, and a large blue speech bubble on the right. A small grey speech bubble with three colored dots (pink, green, teal) is in the top left, and another grey speech bubble with three dots is in the top right. A small red dotted circle is on the right side of the blue bubble. An orange circle is at the bottom center. The word 'Chat' with a small speech bubble icon is in the bottom left.

How to get started with Chat

Becoming a Chat Clinician

Complete Chat training

- Approximately 10 hours of web-based training
- Knowledge checks (quizzes)

Chat Mentor Program

- First 6 months of providing Chat
- Paired with a Chat mentor to help guide your learning and provide clinical consultation
- Minimum of 3 Chat mentor meetings



How to become a Chat provider

If you are interested in learning more
about Chat or are interested in
providing Chat please email
Brianna at bfitchett@thebhpn.org

Or

Let your Clinical Case Manager know!





Questions?